

## The Club in Brief

At the club, we concentrate on a swimmer's ability in water and not the disability they may have on land.

## Club History

Halliwick Penguins Swimming Club was the first Halliwick swimming club, founded 70 years ago. It began with 12 girls from the Halliwick School for Disabled Girls going into the swimming pool for the very first time. Since then, a concept of learning to swim has been developed to teach disabled people safety and independence in the water known as the **Halliwick Concept**.



Registered Charity No. 1033588



**Halliwick Penguins SC**  
for disabled people

Website : [halliwickpenguins.org](http://halliwickpenguins.org)

Email : [halliwickpenguins.chair@gmail.com](mailto:halliwickpenguins.chair@gmail.com)

Facebook : @halliwickpenguins

Twitter : @halliwick



About  
Halliwick Penguins  
Swimming Club

# About the Club

## Who are we?

We are a swimming club run entirely on a voluntary basis for people with a disability of whatever type and for people of whatever age.

Using the **Halliwick Concept** we teach water safety and Independence in the water.

The club is a registered charity and is affiliated to the Halliwick Association of Swimming Therapy (Halliwick AST) and to Swim England (formerly the ASA).

The principal aim of the club is to provide a safe and friendly environment for disabled people to learn and practise swimming.

## Who can join?

New instructors and helpers, as well as swimmers with disabilities, are always welcome and if you would like more information then please contact us.

You can then make an appointment to come along to the club one Saturday to meet the instructors and the swimmers.

The club is run on a membership-only basis. The club is also run entirely on a voluntary basis. Unfortunately, due to limited instructors and a high demand for membership, there is a waiting list. However, we try as best we can to meet demand.



As a general rule we do not take children under the age of 7. Other than that, there is no age restriction.

## What if I cannot swim on my own?

Depending on a swimmer's individual needs, teaching and instruction will be on a one-to-one basis and there is a structured system of teaching and a series of specially devised proficiency badges that we use to develop a swimmer.

Our aim is that ultimately a swimmer will feel happy and safe in the water and, where possible, will swim independently. We also have swimmers that take part in local, regional and national swimming competitions.

## When does the Club meet?

We meet once-a-week on Saturday afternoons, between 3:15 pm and 4:45pm.

