



Halliwick Penguins Swimming Club

Registered Charity Number 1033588

Affiliated to the Halliwick Association of Swimming Therapy

halliwickpenguins.org



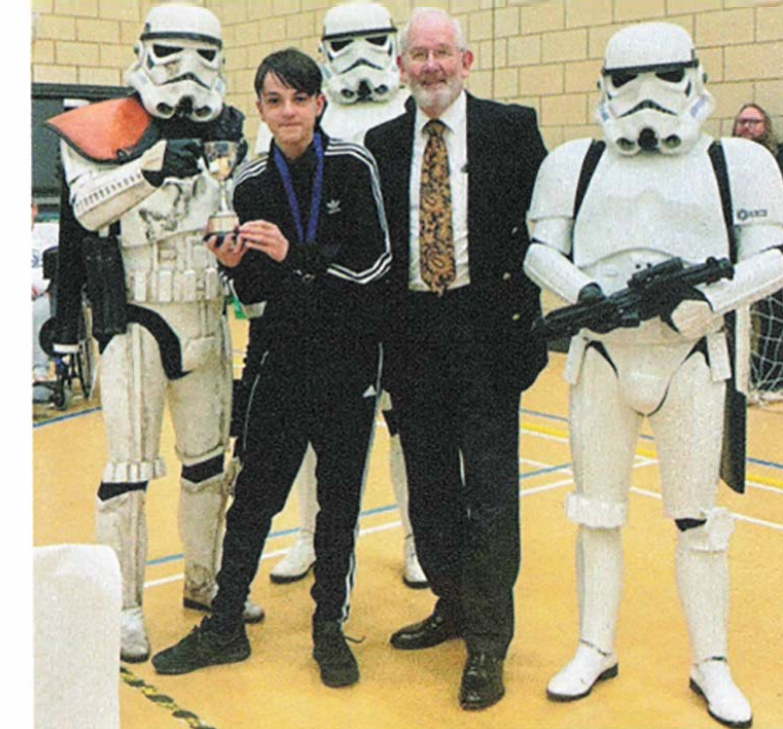
Who We Are

We are a swimming club for disabled people and meet once-a-week on Saturday afternoons in Southgate, North-East London.

We are a membership-only club.

Because we need volunteers, we can't help as many people as we would like, and we have a waiting list.

If you are interested in joining us, as a swimmer or a helper, please get in touch – we would really like to hear from you!



We are a swimming club run entirely on a voluntary basis for disabled people of any age with whatever type of disability. Using the Halliwick Concept, we teach swimming, water safety and, where possible, independence in the water. Some of our swimmers also take part in swimming competitions.

The club is a registered charity with the Charity Commission for England & Wales and is affiliated to the Halliwick Association of Swimming Therapy (Halliwick AST).

The principal aim of the club is to provide a safe and friendly environment for disabled people to learn and practise swimming.

Joining as a Swimmer

We love to help disabled people realise their potential in the water and to experience the enjoyment and freedom that water gives.

If necessary, a swimmer would be helped on a one-to-one basis. We teach swimming and water happiness through the Halliwick Concept and mark a swimmer's achievements along the way through a number of proficiency badges.

We run on an entirely voluntary basis. All swimmers and helpers are members of the club and swimmers pay a small membership fee each year. Because our resources are limited there is a waiting list. However, if you are interested in joining, please do get in touch - we would love to hear from you!



Joining as a Helper

If you have a few hours to give once-a-week (or even just a couple of times a month), we could really do with your help!

The club runs on an entirely voluntary basis, and we have a waiting list because we don't have enough volunteers.

If you can swim and like helping people, it would be great to hear from you. Although you should be happy in the water, you don't need to be a brilliant swimmer and we would provide any training necessary so you can help our swimmers. If you would like to help but would rather not help in the water, there may be other ways you can help.

Please do get in touch to discuss how you might help us. Our swimmers would really appreciate your help!

We are a supportive and friendly swimming club for disabled people, teaching swimming and happiness in water using the Halliwick Concept. We were the first Halliwick swimming club in the world, begun in 1949.

If you are interested in joining us, as a swimmer or a helper, get in touch with us. We really like hearing from people!



Halliwick Penguins Swimming Club
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